

A selection of fruit & milk available with meals. Check school website [uplifteducation.org](http://uplifteducation.org) for additional information and updates.

# MARCH 2023

## Secondary

Breakfast: FREE  
 Lunch: Free & Reduced: Free  
 Paid: \$2.95  
 Menu Subject To Change

### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

**Lunch:** **1**  
 Cheeseburger or Hamburger,  
 Lettuce/Tomato Cups  
 & Season Sidewinders Fries

**Lunch:** **2**  
 Chicken Wings Or Spicy  
 Wings, Wheat Roll,  
 Carrots & Celery w/ Ranch  
 & Baked Beans

**Lunch:** **3**  
 Pepperoni Or Cheese Pizza,  
 Cherry Tomato W/Ranch  
 & Steam Carrots

**Lunch:** **6**  
 Chicken Sandwich Or  
 Fish fillet Sandwich  
 Steam Green Beans  
 Coleslaw Tartar Sauce

**Lunch:** **7**  
 Chicken Fajita Bowl  
 W/Cilantro Rice, Texas Toast  
 Pinto Beans,  
 Carrot Sticks & Salsa

**Lunch:** **8**  
 Corndog  
 Curly Fries  
 Sliced Cucumber

**Lunch:** **9**  
 Chopped Brisket  
 w/Baked Potato or  
 Sweet Potato, Wheat Roll  
 & Salad w/ Ranch



**Lunch:** **20**  
 Mesquite or Breaded  
 Drumstick, Cheesy breadstick  
 Broccoli Parmesan  
 & Cherry Tomatoes

**Lunch:** **21**  
 Walking Nachos or Tacos  
 Beef/Cheese  
 Lettuce/Tomato Cups  
 Pinto Beans

**Lunch:** **22**  
 Turkey Flatbread Stackable  
 Chips &  
 Carrot stick

**Lunch:** **23**  
 Regular Or Spicy  
 Chicken Tender Bowl  
 Rustic Mashed potatoes  
 Corn & Wheat Roll

**Lunch:** **24**  
 Cheese Or Vegetable Pizza,  
 Green Beans  
 & Cherry Tomato w/Ranch

**Lunch:** **27**  
 Orange Chicken  
 w/Fried Rice,  
 Mixed Vegetable,  
 Carrot Sticks & Bread Stick

**Lunch:** **28**  
 Chili w/Pinto Beans  
 W/Cornbread Poppers,  
 Garden Salad &

**Lunch:** **29**  
 Cheeseburger or Hamburger,  
 Lettuce/Tomato Cups  
 & Season Sidewinders Fries

**Lunch:** **30**  
 Chicken Wings Or Spicy  
 Wings, Wheat Roll,  
 Carrots & Celery w/ Ranch  
 & Baked Beans

**Lunch:** **31**  
 Pepperoni Or Cheese Pizza,  
 Cherry Tomato W/Ranch  
 & Steam Carrots

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